

# Serenity in Samford 2025

|       | Main Hall                                                | Small Room       | Al-anon                | Meditation Tent                          | Rotunda               |
|-------|----------------------------------------------------------|------------------|------------------------|------------------------------------------|-----------------------|
|       | FRIDAY                                                   |                  |                        |                                          |                       |
| 18:00 | DINNER                                                   |                  |                        |                                          |                       |
| 19:00 | Acceptance                                               | Step 1           | Let it begin with Me   |                                          |                       |
|       | SATURDAY                                                 |                  |                        |                                          |                       |
| 6:00  |                                                          |                  | Early Bird             | Breathwork                               | Early Bird            |
| 7:30  | BREAKFAST                                                |                  |                        |                                          |                       |
| 8:30  | OPENING MEETING - AA /ALANON                             |                  |                        |                                          |                       |
| 9:30  | Working Our Recovery                                     | Steps 2 & 3      | Step 3                 | Workshop - Meditation                    | As Bill Sees It       |
| 10:30 | MORNING TEA                                              |                  |                        |                                          |                       |
| 11:00 | Emotional Recovery                                       | Steps 4,5,6 & 7  | Keep it Simple         | Workshop - The Facts - Recovery Mindsets |                       |
| 12:30 | LUNCH                                                    |                  |                        |                                          |                       |
| 13:30 | Doctors Opinion                                          | Mens Meeting     | Alateen                | Womens Meeting                           |                       |
| 14:30 | Traditions in Our Lives                                  | Steps 8 & 9      | Gratitude              | Workshop -2-way Prayer                   | Young Persons Meeting |
| 13:30 | AFTERNOON TEA                                            |                  |                        |                                          |                       |
| 16:00 | Relapse                                                  | Steps 10,11 & 12 | Tradition 12, 4-5.30pm | Workshop - Sponsorship                   |                       |
| 17:00 |                                                          |                  |                        | Trivia with Kell                         |                       |
| 18:00 | AA & Al-Anon Fellowship Dinner, Dance & Bonfire          |                  |                        |                                          |                       |
| 22:00 | Bonfire ID Meeting                                       |                  |                        |                                          |                       |
|       | SUNDAY                                                   |                  |                        |                                          |                       |
| 6:00  |                                                          | Early Bird       | Early Bird             | Guided Meditation                        |                       |
| 7:30  | BREAKFAST                                                |                  |                        |                                          |                       |
| 8:30  | AA & Al-anon Spiritual Concepts Meeting                  |                  |                        |                                          |                       |
| 10:00 | MORNING TEA                                              |                  |                        |                                          |                       |
| 10:30 | AA & Al-anon Closing Meeting - countdown and reflections |                  |                        |                                          |                       |